

## AMERICAN STYLE SMOOTH SILVER PROGRAM

American Style

### Waltz - (Silver)

Full Silver

Silver III

	Fig	FP	T	L/F	S
1 Open Left Box					
2 Open Right Turn					
3 Open Right Turn with Underarm Turn					
4 Twinkle Connection					
5 Check & Develope'					
6 Chair & Slip					
7 Progressive Open Twinkles					
8 A) Hairpin - Reverse					
8 B) Hairpin - From PP					
9 Fallaway & Weave					
10 Oversway					
11 Pivot From Promenade					
12 Syncopated Viennese Turn					
13 Flip Flops					
14 Check to Open Fallaway					
15 Alternating Underarm Combination					

American Style

### Foxtrot - (Silver)

Full Silver

Silver III

Silver II

Silver I

	Fig	FP	T	L/F	S
1 Open Left Box					
2 Open Right Turn					
3 Grapevine					
4 Weave from Promenade					
5 Chair & Slip					
6 Oversway					
7 A) Hairpin from Reverse					
7 B) Hairpin from Promenade Position					
8 Slide & Check					
9 Fallaway & Weave					
10 Curved Running Steps					
11 Natural Fallaway					
12 Outside Swivel					
13 Hover Corte					
14 Promenade Pivot					
15 The Gem					

**Fig** Figures

**FP** Foot Positions

**T** Timing

**L/F** Lead or follow

**S** Style



American Style  
**Tango** - (Silver)

**Fig FP T L/F S**

Full Silver	Silver III	Silver II	Silver I	1	Fig	FP	T	L/F	S
				Quick Right Turn					
				2 Owersway & Ronde'					
	3 Fallaway Fan								
	4 Cobra Fans								
	5 Fallaway Ronde'								
	6 Spanish Drag								
	7 Change of Place								
	8 Outside Underarm Turn to Shadow Position								
	9 Shadow Drag								
	10 Swivel Fans								
	11 Pivots to Fallaway Whisk								
	12 Shadow Rocks								
	13 Reverse Outside Swivel								
	14 Traveling Right Lunges								
15 Same Foot Lunge, with Rock Ending									

**DVIDA EXPERT ADVICE**

**Silver Level**

The Student/s should start to increase the movement from foot to foot, the weight being transferred with greater power and an obvious staccato action. The consistent body height and timing of the legs become more important. An upright body position and good connection to the partner should be maintained throughout, with a positive dance frame and hold when in closed position. Both Man and Lady should play a big part in creating a good picture for the couple, by maintaining consistent body poise. As part of the process, the Student/s will start to feel more comfortable in demonstrating their progress to others.

American Style  
**Viennese Waltz** - (Silver)

**Fig FP T L/F S**

Full Silver	Silver III	Silver II	Silver I	1	Fig	FP	T	L/F	S
				X Line					
				2 Flairs Forward & Back					
	3 Underarm Turn Right								
	4 Underarm Turn Left								
	5 Progressive Fifth Position Breaks								
	6 Spot Turn Combination								
	7 Reverse Underarm Turn								
	8 Advanced Hand to Hand Combination								
	9 Standing Spin								
10 Open Right Turn									

**DVIDA EXPERT ADVICE FOR WALTZ, FOXTROT & VIENNESE WALTZ**

**Silver Level**

As a more open or continuity style of dance is introduced, the Student/s should start to increase the movement by creating a stronger swing from foot to foot. Body flight should be more apparent as the weight moves across the floor. The lowering action and timing of the legs become more important. An upright body position and good connection to the partner should be maintained, even though the couple may move to an open hold. Both Man and Lady should play a big part in creating a good picture for the couple, by maintaining consistent body poise. As part of the process, the Student/s will start to feel more comfortable in demonstrating their progress to others.

**Fig** Figures    **FP** Foot Positions    **T** Timing    **L/F** Lead or follow    **S** Style

