

14. Parada, Barrida & Pasada con Gancho – Stop, Sweep, and Pass Over with Hook

MAN					
STEP	FEET POSITIONS	AMOUNT OF TURN	CBM	TIMING	SUMMARY
1	L.F. side	Nil	Nil	Q	2nd Position
2	R.F. closes to L.F.	Body turn L.	Nil	Q	Change to Cross System
3	L.F. side and slightly forward	Body turn R.	Nil	S	Lead Lady in 1/2 of a Back Ocho in Cross System
4	R.F. forward and slightly side, inside edge of R.F. touching outside edge of Lady's L.F.	1/4 turn R., body turns less	Nil	S	<i>Parada</i>
5	L.F. forward	Slight turn R.	Nil	S	
6	R.F. forward, sweeping Lady's L.F.	1/4 turn R., body turns less	6	S	<i>Barrida</i>
7	L.F. closes to Lady's L.F. (sandwich)	Body completes turn	Nil	S	
8	R.F. back in CBMP	Nil	Nil	S	
9	Position held	Body turn R.	Nil	S	Lead <i>Pasada</i>
10	Transfer weight to L.F., raise L. heel	Slight body turn L.	Nil	S	<i>Gancho</i>
11	Lower L. heel	1/8 turn R., body turns more	Nil	S	Forward Ocho
12	R.F. closes to L.F.	1/8 turn L. body turns more	Nil	S	
13	L.F. forward	Nil	Nil	S	Walk in Normal System
14	R.F. forward	Nil	Nil	S	
15	L.F. forward	Nil	Nil	S	6-8 of Basic
16	R.F. side	Nil	Nil	S	
17	L.F. closes to R.F.	Nil	Nil	S	

Footwork: 1-5 Ball Flat, 6 I.E. of Ball of R.F. to Ball-Flat of R.F., 7-9 Ball Flat, 10 Ball, 11 Whole Foot, 12-17 Ball Flat

Notes:

1. The sweep is executed by flexing the knee of the R. leg on the preceding step, and sweeping as the leg is extended on step 6.



Open Embrace
[View 1]



Open Embrace
[View 2]



Close Embrace
[View 1]



Close Embrace
[View 2]



Cruzada
[View 1]