

14. NATURAL TWIST TURN WITH HOVER FEATHER ENDING

MAN								
STEP	FEET POSITIONS	ALIGNMENT	AMOUNT OF TURN	RISE AND FALL	FOOTWORK	TIMING	SWAY	C.B.M.
1.	R.F. forward	Facing L.O.D.	Begin to turn to R. on 1	Nil	H.T.	S	S.	1
2.	L.F. to side	Backing D.C.	3/8 between 1-2	Nil	T.H.	Q	R.	Nil
3.	R.F. crosses behind L.F. slightly back	Backing L.O.D.	1/8 between 2-3	Nil	T.	&	R.	Nil
4-5	Twist on both feet end with R.F. to side, small step, as in Pull Step	Facing D.C.	3/8 between 4-5, body turns slightly more	Rise e/o 5	Twist on T. of R.F. and H. of L.F. with feet flat. End with weight on R.F.	Q S	S. L.	Nil Nil
6.	L.F. diag. Forward preparing to step O.P., L. side leading	Facing D.C.	Nil	Up	T.	Q	L.	Nil
7.	R.F. forward in C.B.M.P. O.P.	Facing D.C.	Nil	Up, lower e/o 7	T.H.	Q	S.	Nil

Note: 1. There is no upward swing (rise) on the first three steps.

Note: 2. The body overturns on step 5.

LADY								
STEP	FEET POSITIONS	ALIGNMENT	AMOUNT OF TURN	RISE AND FALL	FOOTWORK	TIMING	SWAY	C.B.M.
1.	L.F. back	Backing L.O.D.	Begin to turn to R. on 1	Nil	T.H.	S	S.	1
2.	R.F. closes to L.F. (Heel Turn)	Facing L.O.D.	1/2 between 1-2	Nil	H.T.	Q	L.	Nil
3.	L.F. forward, preparing to step O.P., L. side leading	Facing almost D.W.	Nil	Nil	T.	&	L.	Nil
4.	R.F. forward in C.B.M.P. O.P.	Facing D.W.	1/8 between 2-4	Nil	T.	Q	S.	4
5.	L.F. to side, R.F. brushes to L.F.	Backing D.C.	1/4 between 4-5, body turns slightly more	Rise e/o 5	T. and I.E. of T. of R.F.	S	R.	Nil
6.	R.F. diag. back, R. side leading	Backing D.C.	Nil	Up	T.H.	Q	R.	Nil
7.	L.F. back in C.B.M.P.	Backing D.C.	Nil	Up, N.F.R. lower e/o 7	T.H.	Q	S.	Nil

Note: Body will overturn to R. on Brush Step. The Lady will rise from the ball of L.F. at the end of the Brush step. The L. heel does not touch the floor.



Closed Position
(Back Profile)



Closed Position
(Back Profile, Feet Apart)



Closed Position
(Front Profile)



Closed Position
(Front Profile, Feet Apart)



Contra Check



Hover Corte



Hover Cross
(Head Closed)



Hover Cross
(Lady's Head Open)