

DVIDA Nightclub Two-Step Syllabus Figures

Bronze	Silver	Gold
<ul style="list-style-type: none"> 1) Basic Rhythm 2A) Two Step Basic - Closed Position 2B) Two Step Basic - Double Hand Hold 3) Outside Underarm Turn 4) Opening Out Right & Left 5) Shadow Position 6) Flip-Flop in Place 7) Shoulder Check 8) Cradles 9) Traveling Crosses Left & Right 10) Inside Underarm Turn 11) Underarm Turn & Ladies Spin 12) Through the Window 13) Opposition & Travel to the Right 14) Push Spin 15) Criss Cross & Underarm Turn 	<ul style="list-style-type: none"> 1) Progressive Flip-Flop with Man's Turn 2) Underarm Catch & Opposition 3) Outside Turn with Man's Hand Change 4) Traveling Right Turn 5) Shadow Traveler 6) Alternating Turns & Around the Back 7) She Goes, He Goes 8) Alternating Rondés 9) The Wheel 10) Spinning Hammerlock, Cradle & Corté 	<ul style="list-style-type: none"> 1) Two-Step Twirl 2) Ladies Swivel & Pivots 3) Man's Hammerlock & Shoulder Spin 4) Run Around 5) Check & Reverse 6) Romantic Wrap 7) Man's Fans & Barrel Turn 8) Hand Change behind Ladies Back & Oversway 9) Man's Spinning Hand Change, Hook Turn 10) Ladies Solo Turns